



WHAT IS WORLD HEART DAY?

Created by the World Heart Federation, World Heart Day informs people around the globe that Cardiovascular disease, including heart disease and stroke, is the world's leading cause of death globally.

This is a cause we can all get behind.

The heart is the only organ you can hear and feel. It is the first and last sign of life. It is one of the few things with the potential to unite all of us as people.

CRG wants to remind you to use heart in all of your actions.

Use heart to think differently, to make the right decisions, to act with courage, and to help others.



HOW DOES CRG USE HEART?

Stay Heart Healthy

Click to [here](#) to learn more about our employee Wellness Program.

Click [here](#) to learn about our Health Insurance & Telehealth plans.

Remember:

<p>USE ♥ TO CONNECT TO HEALTHY CHOICES</p>	<p>USE ♥ TO MONITOR YOUR ♥ HEALTH</p>	<p>USE ♥ TO UNDERSTAND YOUR RISK</p>
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Give Back with Heart

Did you know CRG has been nominated for the Association of Fundraising Professional's 'Corporate & Foundation Engagement Company of the Year'?

Click [here](#) to learn about our philanthropic endeavors & mission to give back to the Central Florida Community.



Live with Heart

Did you know CRG helps support employees in need? Restaurant employees who have been directly impacted by a severe hardship, crisis, or catastrophic incident that was beyond their control, are eligible for help from our CRG Family Fund. While money can't eliminate the sorrow, it can hopefully eliminate some of the added stress that often accompanies it.

Click [here](#) to learn more.



CRG WANTS YOU TO REMEMBER TO USE ♥ TO CONNECT

SIGN UP FOR OUR CRG STRONG FACEBOOK PAGE AND SHOW US HOW YOU USE HEART.

#CRGHEART #CRGSOCIAL #HEARTDAY2021